# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



# **COURSE OUTLINE**

**COURSE TITLE**: Introduction to Addictions

**CODE NO.**: HSC204 **SEMESTER**: Various

**PROGRAM:** CHILD & YOUTH WORKER, SOCIAL SERVICES WORKER,

**GENERAL ARTS & SCIENCE** 

**AUTHOR:** JEFF ARBUS AND BETTY BRADY

**DATE**: June 2008 **PREVIOUS OUTLINE DATED**: Jan. 2008

**APPROVED:** "Angelique Lemay"

CHAIR, COMMUNITY SERVICES DATE

TOTAL CREDITS: 4

PREREQUISITE(S): N/A

LENGTH OF

COURSE: 3 HRS/WEEK

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(705) 759-2554, Ext. 2603

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#### I. COURSE DESCRIPTION:

This course will review research in the origin and appearance of addiction of various kinds. The course will introduce the student to the impact of addiction to drugs, alcohol and lifestyle, including gambling. Studies will include the effects and cost of addictive behaviour on the individual, the family, the workplace, and society generally. Current research related to prevention and treatment will be introduced.

#### II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Develop an understanding of addictions as an individual and social problem.

#### **Elements of the Performance**

- name and describe addictions to various substances and behaviours
- describe the "addictive personality"
- compare theories of addictions
- identify the impact of addictions on the individual, the family, the workplace, and society generally
- 2. Describe effective intervention strategies which meet the needs and goals of children, youth, families, and relevant others.

#### **Elements of the Performance**

- name various intervention strategies
- describe a format for intervention
- 3. Identify and use professional development resources and activities to promote professional growth

# **Elements of the Performance**

- demonstrate awareness of relevant professional literature
- demonstrate awareness of relevant research sources on the Internet
- demonstrate awareness of community agencies mandated to respond to addictions
- 4. Communicate effectively in oral, written and nonverbal forms to enhance the quality of service.

#### **Elements of the Performance**

- submit reports in clearly written and typed format
- demonstrate use of APA reporting style/format

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#### III. TOPICS:

- 1. Alcohol
- 2. Barbiturates/Benzodiazepines
- 3. Stimulants/Opiates
- 4. Antipsychotic Drugs/Antidepressants/Mood Stabilizers
- 5. Cannabis/Hallucinogens
- 6. Inhalents
- 7. Dependence/Addiction
- 8. Effects of Genetics/Family/Society
- 9. Gambling Addiction
- 10. Theories of Addictions
- 11. Special Populations
- 12. Effective Prevention Strategies
- 13. Effective Assessment Strategies
- 14. Effective Intervention Strategies

#### IV. REQUIRED RESOURCES/TEXTS/MATERIALS

#### Provided by the College:

Relevant handouts, films and videos

## **Provided by the Student:**

Text: Levinthal, Charles, F. <u>Drugs, Behaviour and Modern Society</u>. (5<sup>th</sup> ed.). Toronto: Allyn & Bacon.

**Buddy System:** Please establish liaison with an HSC2040 student and get their contact number to correspond and communicate course material, notes, handouts, test dates, course changes, assignments, etc.

**Calendar:** Mark in important dates, exams, and assignments. Dates are tentative. Please keep in touch with any changes.

#### V. EVALUATION PROCESS/GRADING SYSTEM:

A final grade will be derived from the following:

Research Paper (1)	15%
Research Paper or	
Oral Presentation of	
Research Paper (1)	15%
Participation	15%
Test #1	20%
Test #2	15%
Test #3	20%
Total	100%
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#### Research Papers (2):

Each paper will involve at least 5 professional articles of information from sources such as vertical files, professional journals, reputable articles from the internet, books, etc. on issues related to addictions. Articles must be current (no earlier than 1998). The paper should be written APA style and proper spelling and grammar are required. The paper should be typed and approximately 4 pages in length (double spacing is required). Proper format will be discussed in class with examples. Topics for presentations will need to be approved by the instructor to avoid duplication in class.

All papers are due on dates that will be established with the class. Lates (other than substantiated emergencies) will be docked **5 marks per day late** (ie. overnight).

Any emergencies in handing in assignments, performing orals, or writing tests on due dates must be discussed in person or notification made to the instructor by voice mail. Failure to notify the instructor (ext 564) on or before the date will result in a zero grade for tests or orals.

STUDENTS ARE REQUIRED TO KEEP A COPY OF ALL ASSIGNMENTS SUBMITTED TO THE INSTRUCTOR.

# **Oral Presentation of Research Paper:**

Students are required to report the findings of one of their research papers. They are encouraged to utilize handouts, activities, overheads, blackboards, or discussion with the class during their presentations. Presentations should be 10 minutes in length if presented by one or two persons. 15 minutes in length for 3 or 4 persons. 20 minutes for 5 persons. There should be no more than 5 persons in a group.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	Grade Point Equivalent
A+ A B C D F (Fail)	90 – 100% 80 – 89% 70 - 79% 60 - 69% 50 – 59% 49% and below	4.00 3.00 2.00 1.00 0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR W	Grade not reported to Registrar's office. Student has withdrawn from the course without academic penalty.	

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**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

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It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

#### VI. SPECIAL NOTES:

#### Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Need office. Visit room E1101 or call extension 2703 so that support services can be arranged for you.

## Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

#### Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

#### Plagiarism:

Students should refer to the definition of "academic dishonesty" in the *Student Code of Conduct*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

#### Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

#### VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be Required to provide an unofficial transcript and course outline related to the course in question.

Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.